

Abstract

Title: Temperament characteristics and achievement motivation of competitors in flatwater racing

Objectives: Goal of this work was to determine the temperament characteristic and achievement motivation of competitors in flatwater racing.

Methods: In research was used Eysenck Temperament questionnaire (EPI) and achievement motivation questionnaire D-M-V. The study group became a group of competitors ASC Dukla Praha and USK Praha, mostly members of the national team.

Results: The results of the survey found that the average values competitor is sanguine with lower levels of stability and higher value motivation to exercise. Competitors showed lower anxiety scores braking and higher anxiety scores restorative power.

Key words: Temperament, flatwater racing, Sports performance, Eysenck temperament questionnaire (EPI), achievement motivation, D-M-V questionnaire, sport psychology.